

Inner Alignment workshops

There are 4 parts to the Inner Alignment workshops.

Each workshop is designed to enlighten you with interdimensional aspects of being a Soul living in a Human body. Once you understand that your Sovereignty (freedom to be yourself, fully creating your reality without fear, guilt, shame and anything that keeps you small) you'll be on your way to being fully actualised, living multidimensional and connected to the Creator Source/God.

Part 1: Grounding, Lady Gaia, Child within, Affirmations and how it's very powerful to connect to ourselves by the foundation of life. Being fully in our body is the only way to create Peace, Joy, Love and Abundance on all levels.

Part 2: Emotions impact your life, Feminine and - Masculine aspects, Self-worth, The Power of Gratitude, Secrets to Manifestation, Rules for being Human, Power of Music. We are living in a dualistic world mastering our reality.

Part 3: Quantum timelines, 12 Chakra System, Your Innate, The Pineal Gland and its true purpose, how to vibrate higher. This workshop concentrates on the multi-dimensional and inter-dimensional aspects of you plus the world around us.

Part 4: This workshop is about your Soul. This aspect of you is eternal, no ending and no beginning. You are one with the Divine Source. Parts 1 to 3 bring all aspects of you together without the illusion of lower consciousness. This will help you to be Free from all dis-empowering beliefs whether it's lineage, society, gender, community or country.

These courses are one on one and will help you move out of the Dream spell which has kept Humanity believing in lack for so long. You and I will embark on visualisations/character building/Heart Mind connection plus more~ this happens with all 4 parts.

Time averages from 1 hour to 2 hours. You will receive written information from powerful teachers as part of your workshop materials which gives you insight to other truths that may resonate with you.

We are in the middle of a Great Wonderful Change. The world we knew before will feel like a memory. There are so many systems in life that will need to be re-written and we as a People will require understanding and letting go with what no longer serves us.

OFTEN IT'S THE DEEPEST
PAIN WHICH EMPOWERS
YOU TO GROW INTO
YOUR HIGHEST SELF

KAREN SALMANSOHN



Courses are conducted from my home in Tahunanui. I will be available to answer questions if any arise through the workshops.

You'll also have a discount in price with **Matariki Healing** if this resonates with you whilst you're involved with the workshops.

Investment: \$100 each workshop including all workshop materials.

Paulette Cartier

021 990 723

www.arohahealth.com