

# Welcoming the Goddess Within

## Level 3

Facilitated by Paulette

**Investment: \$100 including workshop materials.**

As you have been moving through levels 1 & 2, you will be clearing lifetimes of negative beliefs that have been holding you back. Please remember to be gentle with yourself and truly honour your Divinity within. Keep up with the Affirmations and Techniques as they speed up the Ascension process. You'll get insight into the Polarities of Light and Dark. We need this to create a Spark. For example, if you haven't felt Sorrow, how would you know Joy, Fear and its partner is Faith etc.

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For level 3 you will learn about the "Pineal" This is the most esoteric of all 3 levels as these parts of us are outside of linear time.

This is the home of our Higher Self, (*Source Connection*) where also our Soul resides. We'll talk about the 3 Grids on Earth and Consciousness, why this has shifted.

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We will bring levels 1 and 2 together with 3. You'll learn techniques to access your higher self with the help of your Innate partnered with your Heart, and how to navigate in the Quantum shift that is here and what it means.

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There will be more visualisations including the power of music, bringing the grounding, breath-work and affirmations together.

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The Ascension Phase we're in is the most profound in Human history. There is a reason why you came back to help with Yourself/Humanity's shift. You will learn why it's now important to Internalise the connection to the Creator Source. I'll put a format of all 3 levels together which will make it easier to incorporate into your day.

I laminated the charts as you'll use them a lot. You go as fast or slow as you want.

Remember to LOVE & ACCEPT you, as you are well worth the Effort.

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*As these workshops may bring up issues for you to clear (A positive sign)*

*I'm offering \$20 off Matariki Healings...*

*Please let me know if this is desirable for you.*

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**Love & Blessings** – Paulette

Paulette Cartier

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